Nurtured Heart Parent Training 6 Week Course RSVP By October 13, 2014



The Nurtured Heart Approach(NHA) is an amazing set of strategies developed specifically for children with challenging behaviors. Often parents have tried many parenting techniques only to become discouraged when they do not work well. This approach works well for all children, especially those who have not responded well to traditional techniques, and will facilitate parenting success. Children whose parents learn to energize them are much more likely to do well in school; have healthy self esteem; exhibit empathy and pro-social behavior; and avoid high-risk activities such as drug use, truancy, and criminal activity. Our objective is to see you have a positive relationship with your kids!

Time: 6:00 - 7:45 PM

Check in Time is 5:50 PM Day: Wednesday Evenings

Dates: October 15, 22, 29, November 5, 12, and 19 2014

Location: Seavey Center 655 Menlo Drive

Rocklin, CA 95765

Fee: Payment due at first session

*check or cash \$85.00 per person \$125.00 per couple

* Transforming the Difficult Child Workbook will be provided for each participant, one copy per couple.

Facilitators/NHA Certified Advanced Trainers

- Stephanie Rule, PPS, MS Counseling
- Celeste Elsey, MA Spec. Ed., Education Specialist To register call: (916) 226-7147

For a preview of The Nurtured Heart Approach please view this link:

http://www.childrenssuccessfoundation.com/2013/12/21/film-intro-to-nha-2014/